



HEALTHY HOT PACKED LUNCH MENU – April 2021



A balanced selection of carbohydrates, protein, fresh fruits and vegetables.

MONDAY

Pork Sausage Roll

Vegetarian Sausage Roll

Diced Potatoes Vegetable Sticks

Fruit

Pudding of the Day

TUESDAY

Chicken Goujons

or

Vegetable Goujons

Tortilla Wrap

Vegetable Sticks

Fruit

Pudding of the Day

WEDNESDAY

Homemade Pizza

Potato Wedges Vegetable Sticks

Fruit

Pudding of the Day

THURSDAY

Pork Sausage

or

Vegetarian Sausage

Hot Dog Roll

Vegetable Sticks

Fruit

Pudding of the Day

FRIDAY

Fish Fingers

or

Vegetable Goujons

Chips

Vegetable Sticks

Fruit

Pudding of the Day







FISH FROM WELL-MANAGED AND SUSTAINABLE SOURCES

17/hc3seducation

