Cupernham Infant School

Together we care, we learn and we achieve

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Wednesday 9th November 2022

Dear Parents and carers

Next week is National Anti-bullying Week and the theme is "Reach Out"

On Monday 14th November will be launching the week with **"Odd Socks Day".** We are asking every child to come into school wearing bright coloured odd socks (only Monday) to celebrate the week in a positive way, showing everyone that we are all unique and special!



Throughout the week, the children will be learning all about:

- What does it mean to be a good friend?
- What do you look for in a friend?
- What are some of the ways you can be kind to other people?
- What can you do if other people are being unkind to someone?
- What are all the ways that people can be different?
- Why is it important to accept people for who they are?
- How can you help someone who is sad or lonely?
- What does bullying mean to you and who can help you if you are worried about bullying or something someone has said or done?

The week will finish with a very special **'Friendship Friday'** – (the same day as Children in Need). We will be celebrating all that has happened over the week, covering themes such as friendship, kindness and empathy.

I have added a link for parents and carers, where you can find further information about Anti Bullying Week and ways you can support children of all ages. <u>https://anti-</u> <u>bullyingalliance.org.uk/sites/default/files/uploads/attachments/Anti-Bullying%20Week%202022%20-</u> <u>%20Parent%20Pack.pdf</u>

Thank you for your continued support.

Yours sincerely

Mr. Duncan Wells, Headteacher.

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