

# Personal, Social and Emotional Development in Year R



Personal, Social and Emotional Development is a prime area in the Early Years Foundation Stage Curriculum it is divided into three areas of learning. These include; Self Confidence and Self Awareness, Managing Feelings and Behaviour and Making Relationships.

This involves helping children to develop a positive sense of themselves and others, form positive relationships and develop respect for others, develop social skills and learn how to manage their feelings, understand appropriate behaviour in groups, have confidence in their own abilities.

## **Self Confidence and Self Awareness**

**By the end of Year R pupils should be able to;**

- ✓ Confident about trying new activities.
- ✓ Say why they like some activities more than others.
- ✓ Confident speaking in a familiar group.
- ✓ Will talk about their ideas, and will choose the resources they need for their chosen activities.
- ✓ Say when they do or don't need help.

## **Managing Feelings and Behaviour**

**By the end of Year R pupils should be able to;**

- ✓ Talk about how they and others show feelings.
- ✓ Talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable.
- ✓ Work as part of a group or class, and understand and follow the rules.
- ✓ Adjust their behaviour to different situations.
- ✓ Take changes of routine in their stride.

## **Making Relationships**

**By the end of Year R pupils should be able to;**

- ✓ Play co-operatively, taking turns with others.
- ✓ Take account of one another's ideas about how to organise their activity.
- ✓ Show sensitivity to others' needs and feelings.
- ✓ Form positive relationships with adults and other children.