

# Real life Superheroes

People who help us; a celebration  
of key workers!  
Spring 1

This topic will begin with an exciting visit from real-life superhero firefighters and their fire engine! We will learn about the history of female firefighters as well as the many changes in their transport and uniform. Led by the children's interest, we will then explore the people in our lives who help us and the many key worker professions and how they help us in our community.

We will think about the jobs we may like to do in the future and through books like 'My Mummy is a Firefighter' and 'My Daddy is a Nurse' by Kerrine Bryan we will explore roles that may also challenge gender stereotypes the children may have in a gentle and supportive way.



NOT ALL  
HEROES  
wear  
Capes

## Key Vocabulary:

Firefighter, Police, Paramedic, Dentist,  
Engineer, Teacher, Doctor, Nurse, Fire Engine,  
Dentist, Vet

## Key Questions:

What would you like to be when you grow up?  
Who helps you at home? Who helps you at  
school? Who helps you if...? What would you do  
if you needed help?