

Cupernham Infant School

Newsletter 7 - Friday 6th December 2024



Together we care, we learn and we achieve!

Dear Parents and Carers

We have been pleased to welcome Ofsted inspectors to our school this week, and we have enjoyed working with them. I wanted to say thank you to all our parents for their kind gifts of chocolate, cake, support and encouragement, which has been truly appreciated by everyone here at Cupernham.

I am so proud of all the Cupernham Team, all the staff particularly the teachers who have put their heart and soul into this inspection, our Governors, our LLP and our amazing children who set an amazing example of Ready, Respectful and Safe behaviour throughout.

Ofsted fulfils a really important role in our education system: to hold school leaders and staff to account for how they spend public money to educate children.

Thank you to those of you who took the time to complete the Ofsted questionnaire, giving your views on our school, the inspectors were grateful for the time you spent giving such detailed feedback.

There will now be a period of a few weeks where they will write the report, have it checked and then I will be able to release it to you to read. Therefore, although I would love to be able to tell you what the inspectors have said, I will need to wait several weeks before I am allowed to do so. I will inform you of their findings as soon as the report has been written.

I cannot believe Christmas is just around the corner. It's that time of year when we have lots of wonderful festive things going on. It has been lovely hearing the children practising their songs and getting into the Christmas spirit and we look forward to seeing you soon for their Christmas performances next week.

Please remember that Wednesday 18th December is a non-school uniform day for the Christmas Parties, when the children can come dressed in Festive Party/Christmas wear. Our Christmas themed school lunch served to the children by all staff is on Thursday 19th December.

Thank you for your continued support- and have a restful weekend.

Kind regards *Mr. D. Wells*





Dates for Your Diary	Date
Parent Forum	Monday 9 th December 2.45pm
Year R Nativity (Creche Available)	Tuesday 10 th December @ 2.30pm
Year 1 Nativity (Creche Available)	Wednesday 11 th December @ 2.30pm
Year 2 Carol Concert	Thursday 12 th December @ 2.30pm
FOCUS Christmas Parties – Dress Down Day	Wednesday 18 th December – wear Festive Party Wear
Rocksteady Concert (for Rocksteady parents only)	Tuesday 17 th December @ 10am
School Christmas Dinner	Thursday 19 th December (No need to book)
Early Close - Last Day of School	Friday 20 th December @ 1.20pm
Christmas Holidays	Monday 23rd December – Friday 3rd January
Back to School	Monday 6 th January 2025
INSET Day	Friday 14 th February 2025
INSET Day	Monday 21 st July 2025
INSET Day	Tuesday 22 nd July 2025

Christmas Nativities and Carol Concerts

We are really looking forward to welcoming you into school to watch the children perform nativities and carols. **More details will follow shortly**, but a brief overview of the arrangements are as follows:

Each family will be allocated two tickets to their child's performance please bring them with you on the day. We will be providing a crèche facility for Year R & Year 1 in the library. If you will need this, then please book through the school office.

Year R - Tuesday 10th December @ 2.30pm

Year 1 - Wednesday 11th December @ 2.30pm

Year 2 – Thursday 12th December @ 2.30pm



*To ensure every child's safety and in line with GDPR legislations **NO VIDEO OR PHOTOGRAPHS** will be allowed to be taken in any of our productions or concerts but we will make sure that there are lots of photographs posted on Tapestry.*

Our Learning This Week



Year R

We have continued to learn about special celebrations. We started our week with a lovely visit from Maggie from Romsey Methodist Church learning all about the meaning of Advent and why we celebrate it. We have been learning about the true meaning of Christmas to Christians and the children have been retelling the nativity story in lots of different ways – we have had performers on the stage, story-tellers in our reading areas and writing on big whiteboards! The children loved learning about Christingles and we all attended a magical Christingle service filled with awe and wonder. Thank you to Rev Thomas Wharton and Rev Yin-Yin.

KS1

Year 1: Year 1 this week started a new book in English called 'Busy Fox' by Isaac Mudge. This fox lives in a very busy gloomy city and he is fed up of the noise. We wrote a description about the city using fantastic adjectives like enormous buildings, crowded streets, screeching trains and stinky smelly smoke. We even thought about how the fox felt. We have also learnt in RE what advent means after our visit from reverend Yin-Yin Bull from a local church. We learnt that advent means 'coming or waiting' and that Christians light a candle every Sunday leading up to Christmas. Please ask your child what the candles mean.

Year 2: Year 2 were busy being authors last week and they wrote the most brilliant versions of Little Red Riding Hood from the wolf's perspective. They are creative, witty and incorporated exciting vocabulary. Amazing job Year 2. This week they have been learning how to write a set of instructions and wrote their own about how to make a jam sandwich. They have been geographers and delved into map work looking at keys and human and physical features. Yesterday they enjoyed a walk in the local area, identifying various features. Finally, they have designed their own fairy tale hand puppets which they sewed today using the running stitch they learned last week. Incredible effort Year 2, well done.





Hot Topic - Mental Health



Mental Health and Wellbeing

For many children, December can be tricky to manage with many changes in the usual school routine. Don't be surprised if after school children find this tricky or becomes emotional or tired. Where possible ensure your routines at home are unaltered and that your young person has the opportunity to decompress.

Reference: <https://thecontentedchild.co.uk/>

What Parents & Educators Need to Know about MENTAL HEALTH & WELLBEING APPS

When looking at options for supporting a child's mental health, the sheer volume can be overwhelming. There are many wellbeing apps available, but unfortunately not all are trustworthy. It's important to evaluate which resources are suitable, reliable and effective. This guide lets you know what to consider before installing such an app, to determine just how useful it's going to be.

WHAT ARE THE RISKS?

QUALITY & RELIABILITY

Mental health apps can be a useful starting point when looking for wellbeing advice and strategies and can be a useful extension to the in-person services available. However, they aren't a substitute. Information on the quality of some of these apps is scarce. They may look cute and child-friendly, but have they been designed by a mental health professional? Furthermore, do they have research to back up their content?

PLACE RESPONSIBILITY ON CHILDREN

Some apps add the words 'kids' or 'children' to their title or use cartoon icons to make them more appealing to young people. When signing up for some of these apps, some will speak to the parent directly, saying something along the lines of "Your child is good to go. Let them take it from here". It's important to remain involved in the child's mental health journey, so regular check-ins are recommended.

DISREGARDING APPROPRIATE SUPPORT

Young people who feel anxious and have trouble sleeping may download a mindfulness app to help. While this is a good strategy initially, it's not addressing the root of the problem. A child could simply try managing these symptoms themselves (as opposed to speaking out and seeking professional help), which could potentially worsen their anxiety in the long run.

LACK OF PERSONALISATION

Mental health or wellbeing apps are useful tools for the short term, teaching users several helpful habits to manage their condition – such as keeping an illness diary, improving nutrition and practising mindfulness exercises. As every person is unique – and children especially will grow and develop in different ways – these apps struggle to tailor themselves to users' individual needs. For example, many apps don't distinguish between the ages of users and can offer extremely generic advice.

DATA SECURITY

As with any other app – not just those for mental health and wellbeing – it's wise to check out the privacy policy before downloading it. Some of these applications may share data with third parties for numerous reasons (such as targeted advertisements), and if a user is sharing personal and sensitive information within the app, they probably don't want it ending up elsewhere without their consent.

IN-APP PURCHASES

Many apps will provide their most basic features for free but will require you to pay for other aspects – such as a more tailored experience or access to additional resources. This could be a one-off fee or a regular subscription. Consider whether this is actually required. Is it benefiting the child, or could they receive the same support from a medical professional?



Christmas Festivities



Christmas Lunch Menu on Thursday 19th December and will be served to the children by our staff. There is no need to book in advance, the children will choose on the day as usual. HC3S Special Menus will be catered for.



Roast Turkey with a Pork Sausage, Stuffing and Gravy

OR

Vegetable Wellington, Vegetarian Sausage, Stuffing and Gravy

Served with

Roast Potatoes, Carrots, Peas and Brussels Sprouts

Festive Iced Shortbread

Christmas Tree Decoration Assembly



We had a brilliant time decorating the tree as a whole school in our assembly on Monday. The children listened to christmas carols as they hung their amazing decorations with care; they were extremely festive. The tree stands proudly in the hall and the children are really enjoying spotting their own decorations! Well done everyone!



FOCUS Secret Santa

A huge thank you to the teams of volunteers who organised the selection and wrapping of so many secret special surprises. The children had great fun and we hope you enjoy unwrapping your surprises on Christmas Day.



Scholastic Books

Thank you to everyone who brought a book from the book fair last week. We managed to earn enough points to buy lots of books for the school including the ones below:



Staff Changes

We are pleased to welcome Ms Wooldridge who joined us on Monday as our new School Business Manager on Monday and had a very exciting & interesting start with our Ofsted inspection!



Multi Skills Festival

Congratulations to everyone who recently took part in the MultiSkills Festival at Mountbatten school. They all worked so incredibly hard as a team and had so much fun at the same time! Well done to everyone! We won the resilience and passion certificates!



After School Clubs Spring 2025 - Tennis

After School Tennis Club on a Friday can now be booked [online](#).

[Book coaching - Tennis Hampshire - Premier Tennis](#)

Parent Forum

Twice every half term, Mr Wells holds a parent forum where parents/carers can come along and help share positive ideas of how we can make our school even better. They are face to face and vary in the times of the day either 9am, after drop off or 2.45pm just before pick up.

The next parent forum is **Monday 9th December at 2.45pm**. Please meet in the main office.



If you are able to, please share this advert within the local community via social media. Thank you.

We are looking for a **Site Assistant to start after Christmas**. Please share this advert on your socials. Full details can be found on our website at: <https://www.cupernhaminfant.com/site-assistant-cupernham-infant-and-junior-school/>

Site Assistant – Cupernham Infant & Junior School

Closing Date: Wednesday 11th December 2024

Interview Date(s): Thursday 19th December 2024

Type: EHCC Support Staff

Contract/Hours: Part-time – Permanent

Salary Details: Scale B EHCC Pay Scale FTE £22,737 **Actual salary** £18,446

Hours of Work: 35 hours per week (Flexible – during the school day) 42 weeks per year, Monday to Friday

Location of Role: Cupernham Infant & Junior School, Bransley Close, Romsey, SO51 7JT

Start Date: Monday 6th January 2025



Contacting us

Please don't forget to keep us informed of any change to contact details as soon as possible.

Telephone: 01794 514494.

If you need to report your child absent then press option 1 and leave a message, at any time

Via email: adminoffice@cupernham-inf.hants.sch.uk

Please visit our website at: www.cupernhaminfant.com

Cuckoo Club mobile 07510318970, please use this number if you need to contact them during the session.

REGISTER NOW

**CUPERNHAM
INFANT SCHOOL
SPANISH CLUB**

EXCLUSIVE FREE ACCESS TO OUR ONLINE GAME PAGE
FOR LEARNING FRENCH AND SPANISH !

**Spanish Native
Teacher**

**After School
Club**

**Thursdays
15.30-16.30**

To register:

<https://forms.gle/99RFxtLKU23oNwRt6>



OTHER ACTIVITIES INCLUDE:
 -FOOTBALL DARTS INFLATABLE
 -XMAS QUIZ
 -CAPTURE THE FLAG
 -DAILY SPORTING CHALLENGES
 -PRIZES TO BE GIVEN AWAY
 -CHRISTMAS MOVIE
 -XMAS SCAVANGER HUNT
 -CHRISTMAS WRAPPING
 -AIR TRACK GAMES
 -JUST DANCE

YOUR SPORTS EDUCATION
CHRISTMAS HOLIDAY CLUB 2024



23RD DEC, 2ND JAN, 3RD JAN
 ROMSEY PRIMARY SCHOOL

	MORNING	AFTERNOON
23RD	XMAS GIFT WORKSHOP	DODGEBALL/ BRUSSELL SPROUT HUNT
2ND	FOOTBALL/ PARACHUTE	COOKING CLASS/ MULTI SPORTS
3RD	TRAMPOLINING/ CRAFTS	BIKES & SCOOTERS/BALL GAMES

BOOK NOW

CALL OR EMAIL TO BOOK YOUR CHILD A PLACE THIS SCHOOL HOLIDAY

TEAM@YOURSORTSEDCATION.CO.UK

07801731022

YOUR SPORTS EDUCATION ARE TEAMING UP WITH ROMSEY PRIMARY SCHOOL TO OFFER A HOLIDAY CLUB FOR CHILDREN IN YEAR 1 TO YEAR 8 AND A MORNING SPORTS CLUB FOR CHILDREN IN YEAR 9. WE OFFER A RANGE OF DIFFERENT SPORTS BOTH MORNING AND AFTERNOON. PACKED LUNCHES ARE REQUIRED FOR BOTH HALF DAY AND FULL DAY

YEAR 1 - YEAR 8 CHILDREN	YEAR 9 CHILDREN
FULL DAY £27.50 8:30-4:30 HALF DAY £16.50 8:30-13:00 OR 12:15-4:30	MORNING ONLY £16.50 9:00-13:00

DISCOUNTED PRICE FOR THE WHOLE WEEK IS 10% IF PAID IN ADVANCE. 10% SIBLING DISCOUNT IS AVAILABLE FOR SECOND/ THIRD CHILD.

DBS **ACTIVITIES INCLUDE** **Ofsted**

FOOTBALL	CRAFTS	TRAMPOLINING	CRICKET	BIKE	DODGEBALL
SILLY SCIENCE	GYMNASTICS	SCOOTER	DEN BUILDING	AIR TRACK	CAPTURE THE FLAG

NOW ACCEPTING CHILDCARE VOUCHERS AND TAX FREE CHILDCARE CREDITS

WWW.YOURSORTSEDCATION.CO.UK

Useful Support and Helplines

Times are difficult at the moment and we want to let you that you are 'Never Alone'. This information has been put together by a number of professional services, highlighting the key agencies that may be able to offer help, support and advice when needed. In addition to this, please visit our new [Parent Support Pages](#) on our website for further support.

NEVER ALONE

NSPCC 0800 800 5000 (24hrs)	National Domestic Abuse Helpline 0800 2000 247 (24hrs free)
Mind 0300 123 3393 (Mon-Fri 9-6)	Victim Support 0800 168 9111 (24hrs)
Cruse Bereavement 0800 808 1677 (Mon-Fri 9-5)	ChildLine 0800 1111 (24hrs)
Action on Elder Abuse 0800 808 8141 (Mon-Fri 9-5)	Respect - Men's Advice Line 0800 801 0327 (Mon-Fri 9-5or8pm)
Samaritans 116 123 (24hrs free)	National Centre for Domestic Violence 0207 186 8270