

PE

	Y1	Y2
Autumn	<ul style="list-style-type: none"> Games - learn to play games fairly and work together as a team Dance - learn a medieval dance. Gymnastics - develop the ability to balance on large and small body parts. 	<ul style="list-style-type: none"> Team games- Revisit the skills of teamwork and playing fairly. Gymnastics- learn key movements- tuck, pike, straddle, straight. Gymnastics- learn to transition on and off different equipment. Dance- learn a firework dance and create sequences of movement.
Spring	<ul style="list-style-type: none"> Running - learn how to start and stop safely when running. Dance - learn a superhero dance. Jumping - learn how to jump and land safely. Gym - learn how to use our bodies to help us move. Throwing and Catching - learn to throw and catch objects carefully 	<ul style="list-style-type: none"> Sending and receiving- Accurately throw a range of objects and different targets. Cricket- apply sending and receiving and consolidating our team work skills. Invasion games.
Summer	<ul style="list-style-type: none"> Skiping - learning to skip and put balances into sequences. Dance - learn an aboriginal dance Sending and Receiving - practise throwing objects to a point, using our aiming arm. Practising for our sports day! 	<ul style="list-style-type: none"> Dance- choreograph an African dance. Invasion games- fielding linked to sending and receiving. Practising for sports day!