



# The Cupernham Way

September  
2023  
Autumn 1

# Our School Rules and Routines:

"Click your listening ears on"

## Ready

"Super sitting"

"we use our walking feet in the classroom"

"Put your looking googles on"

"My teachers keep me safe"

## Safe



"We need to put our helmets on"



"Wonderful walking"

## Respectful

"I've used my kind hands,  
kind feet and kind words"

"Lovely lines"

# Personal, Social and Emotional Development



## Personal, Social and Emotional Development

### Self-Regulation

- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.
- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.
- Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

### Managing Self

- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.
- Explain the reasons for rules, know right from wrong and try to behave accordingly.
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

### Building Relationships

- Work and play cooperatively and take turns with others.
- Form positive attachments to adults and friendships with peers.
- Show sensitivity to their own and to others' needs.

# Home learning and Parental Engagement



Our school rules:  
**Ready**  
**Respectful**  
**Safe**



Key Questions:  
How can you show you are ready?  
How can you show you are respectful?  
How can you show you safe?



The Colour Monster  
By Anna Llenas



Key Vocabulary  
\*Confused \* Happy \*Sad  
\* Angry \* Loved \*Scared \*Calm

Key Questions:  
What makes you feel happy?  
What makes you feel calm?  
If you were worried about something, what could you do?

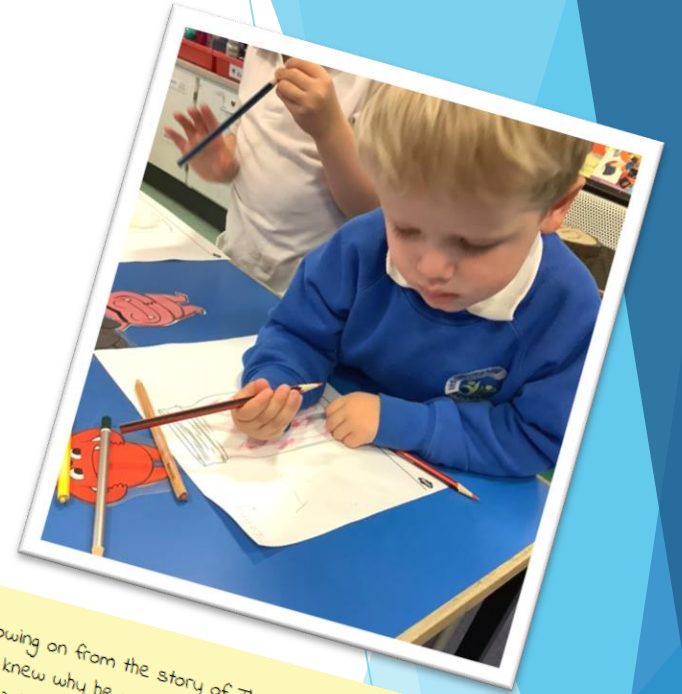
# Learning in action



After a carpet input on the emotion of Happiness from the Colour Monster, Claudia was eager to share a picture of what made her happy. She used a whiteboard and pen to create her drawing and she explained, "This is me and granny! And that's the sky and the sun. This is a little duck at the beach!" She also explained how much she loves her younger sister, "she makes me happy because she's cute and she's my little sister and I love her!"



Today was the first day that Penny went into school and asked me to say to Miss Saunders she was feeling happy (yellow monster). Not 'a bit happy and a bit sad/worried'. Result!!



Lenny chose to create his own emotions jar, following on from the story of The Colour Monster. As Lenny was colouring he said to me "Mrs Lawrence, I am feeling angry." I asked Lenny if he knew why he was feeling angry and he replied "because I'm hungry." We spoke about what he ate at breakfast club and I suggested that he ask for a little more if he is still hungry next time. A little later on, when he had finished his emotions jar, he showed it to me and said "I'm red and a big pink." I asked Lenny what feeling pink is and he told me loved. I then asked him what makes him feel loved and his answer was "I feel loved cos I fight bad guys!"