

Cupernham Infant School

Together we care, we learn and we enjoy success



Headteacher: Mr Duncan Wells

17th June 2021

Dear Parents and Carers,

As part of the KS1 Healthy Eating curriculum we are revisiting what makes a healthy diet and exploring food groups with the children.

We will be talking about different food groups and how they help our bodies to grow and stay healthy. As part of this learning we will be asking the children to bring in one item, either a fruit or vegetable (that the children can eat raw) to taste in class and share with classmates. This could be an unusual item.

Please send your child in with a of fruit or vegetable on **Wednesday 23rd June**
All food will be prepared and delivered in a Covid secure way. We look forward to trying exciting foods with the children.

If you have any concerns please speak to your class teacher.

Kind regards,

Miss Freeman and Miss Kirby

Year Leaders.

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