

Cooking up a Spell

Use a bucket or bowl filled with some water - this will become the cauldron! Invite the child/children to find 6 or more ingredients from the natural environment or inside your home that could be added to the cauldron to make a spell.

Before adding each ingredient to the pot, challenge the children to consider how the ingredient could be prepared e.g.

- Could it be sliced into tiny pieces, or crushed into a powder (using a stone or stick maybe)?
- Do you need to say anything special as it is added (special magical words, perhaps), or should it simply be dropped from a great height?

When all the ingredients are ready, invite the children to get mixing! When their concoction is ready, ask them to explain the purpose of their mix e.g. is it designed to turn frogs into princesses, or is it an invisibility potion?

After mixing, the potions could be bottled and the children could make labels. Finally, the children might enjoy recording their ingredients list and methods so that other children can recreate the potion!

