

What Are Your Rights and Responsibilities?

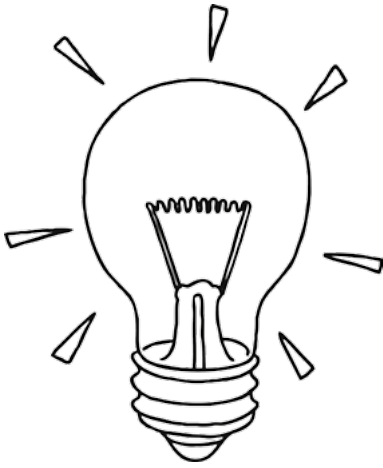


We are all people living together in one world. As human beings, we have a number of rights and responsibilities to **ourselves** and **each other**.

- Can you think of **all** the rights you have?
- Can you think of the responsibilities you have to **yourself and others**?

My Rights	My Responsibilities
I have the right to a safe place to live.	I have a responsibility to not hurt others.

Affirmations



Once you have thought about your rights and responsibilities, think about one right that you have listed above that you feel is the **most important** to you. When you have done this, write it down in the sentence below. Do the same for your chosen responsibility.

Complete the sentences and place them somewhere that you will see them every day. Try saying these things out loud or spend a few moments thinking about them each day so that you will start to remember them.

I have the right to:

I have a responsibility to: