



# Real Life Superheroes

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People who help us; a celebration  
of key workers!

3rd January - 10<sup>th</sup> February 2023

This topic will begin with an exciting visit from real-life superhero firefighters and their fire engine! We will learn about the history of female firefighters as well as the many changes in their transport and uniform. Led by the children's interest, we will then explore the people in our lives who help us and the many key worker professions and how they help us in our community.

We will think about the jobs we may like to do in the future and through books like 'My Mummy is a Firefighter' and 'My Daddy is a Nurse' by Kerrine Bryan we will explore roles that may also challenge gender stereotypes the children may have in a gentle and supportive way.



NOT ALL  
HEROES  
wear  
Capes

## Key Vocabulary:

Firefighter, Police, Paramedic, Dentist,  
Engineer, Teacher, Doctor, Nurse, Fire Engine,  
Dentist, Vet

## Key Questions:

What would you like to be when you grow up?  
Who helps you at home? Who helps you at  
school? Who helps you if...? What would you do  
if you needed help?

# Hook- Visit from the local firefighters

Year R were very excited to kick-start our Real Life Superheroes topic with a visit from the local firefighters. The children learned all about fire safety and what a typical day looks like as a firefighter.

We even got to have a go at spraying water from the hose and sit in the Special fire engine. We found the sirens very noisy!!

The firefighter crew were very impressed with some of our questions:

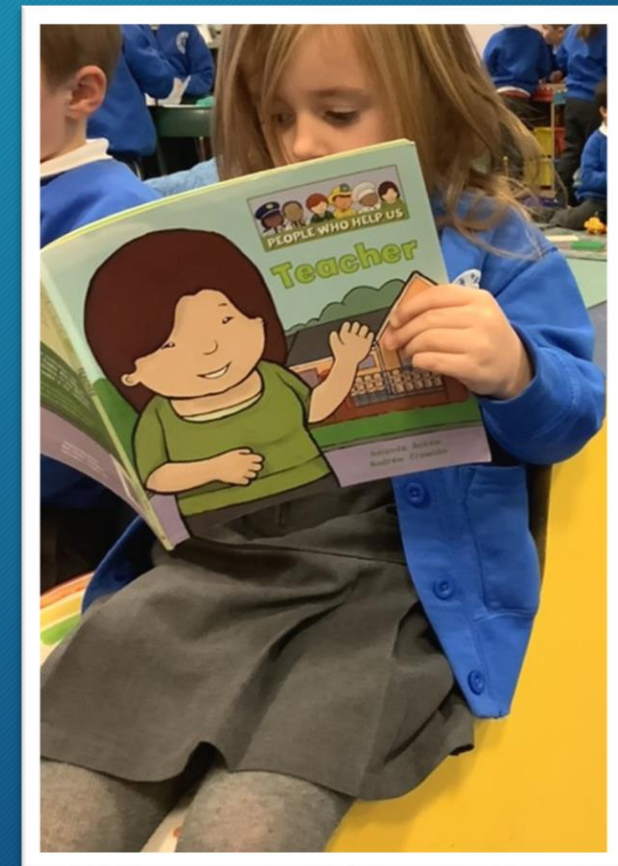
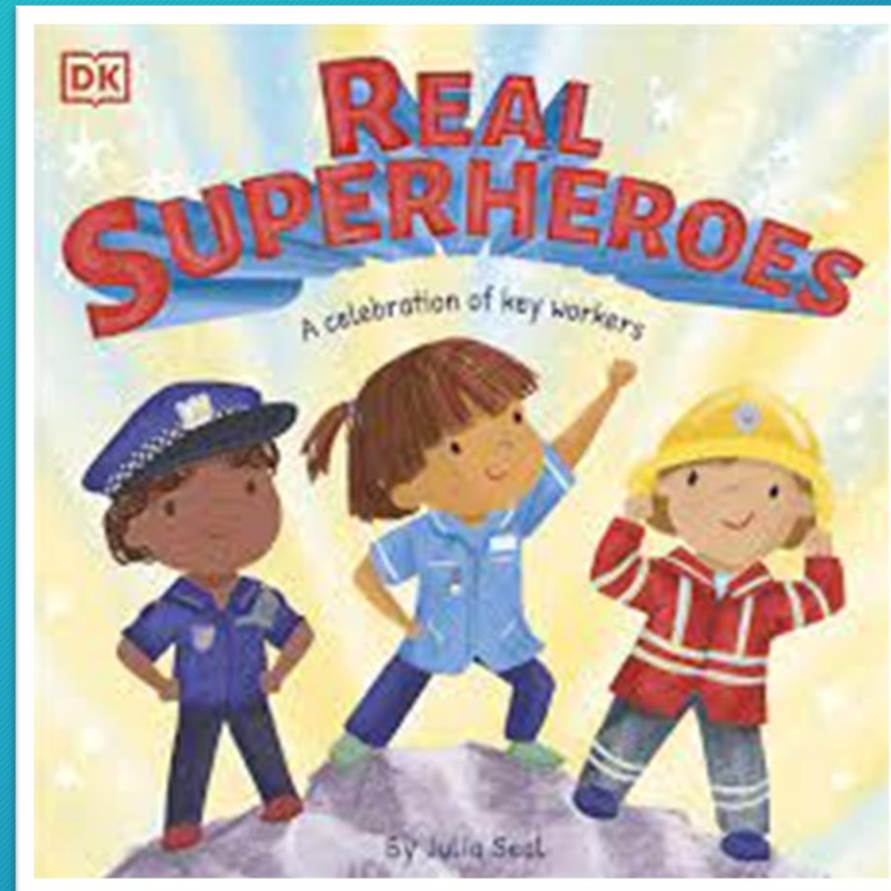
- C “Why do fire-fighters wear uniform?”
- F “Why do firefighters cut cars?”
- J “Why do firefighters drive trucks?”





## Key text drivers:

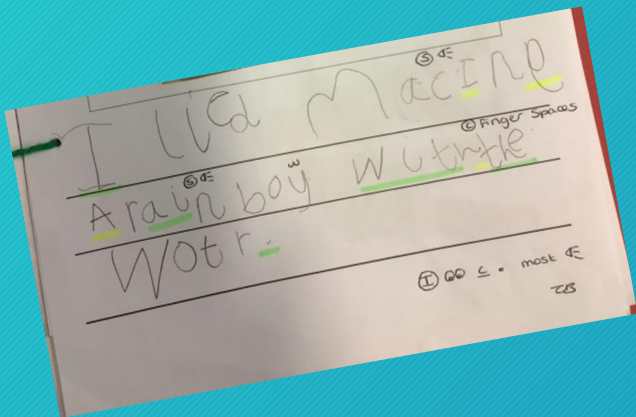
We have explored various texts throughout this topic to help us understand more about people who help us. Here are some of our favourite books we have read!



## Understanding The World:

We really enjoyed another special visit from Fran, a Retrieval Paediatric Nurse who explained to us how she cares for young children. We even had the chance to explore some of the specialist equipment she uses on a day-to-day basis.

The children wrote a brilliant caption about the exciting visit from the firefighter crew. They used their phonetic knowledge to segment words e.g. hose, squirt and truck.



# Expressive Arts and Design:

The children loved creating vehicles for people who help us. They thought carefully about what shapes to use for the wheels and the ladder. Once they were dry the children used felt tips to draw on the doors and the ladders.

The children loved describing their vehicles to their friends.

We have enjoyed transforming our role play areas into people who help us hubs. The children have been brilliant doctors, helpful police and fantastic firefighters.

