

NON CONTACT KARATE TAUGHT BY fully QUALIFIED INSTRUCTORS



EVERYONE WELCOME
FROM 4 YEARS OLD



WE TEACH TRADITIONAL KARATE
ENCOURAGING CONFIDENCE, RESPECT,
DISCIPLINE, SELF AWARENESS AND AGILITY
IN A FUN & CONTROLLED ENVIRONMENT. All
classes are friendly, informative & cater to the
individual needs of the student.

EMAIL: enquiries@southernkarate.org to book your place

CUPERNHAM JUNIORS

FRIDAYS 07:45 – 08:45

TERM TIME ONLY

£5.50 PER CLASS - PAY AS YOU GO

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Child Protection
in Sport Unit

