

PSHE - Dreams and Goals



Overview: We will begin our unit by setting goals for ourselves. We will discuss how we can set ourselves a goal and it may need hard work to reach it. We will discuss ways to persevere when we are finding things hard. At the end of this unit we will work as a team to create a final piece of work.

What I already know...

I know about my hopes for the year.

I know about why being different can be a good thing.

I know about consequences and why these are important.



By the end of this unit...

- I will be able to work as a group and know how to work as a team.
- I can set myself goals.
- I can recognise my own strengths.
- I will work as a group to create a final piece of work.
- I will celebrate the success of other people.

Key Vocabulary

Goal Persevere Challenge

Success Achievement Team work

Strengths

Key Questions

What is a goal?

What is success?

How can you achieve a goal? What do you need to do?

How do you feel when you achieve a goal?